

THE ART OF TEACHING CONFERENCE

MIND GAMES 2019



- 8:30 - 9:00 **REGISTRATION**
- 9:00 - 9:10 **OPENING WORD + LESSON PLAN OF THE YEAR
WINNER ANNOUNCEMENT**
Martin Borl, CEO JCL
- 9:10 - 9:40 **KEYNOTE: Get Over Yourself**
T. Kuzníková a A. Skarżyńska, JCL Poland

BLOCK 1

TALKS

WORKSHOPS

9:40 - 10:00

BURNOUT
Mudr. Tereza Hodycová

**MINDSET SHIFT:
From Language
Lecturer to
Language Guide**
Sara Tirrito

**AGILE GOAL-SETTING
WITH AMBITIOUS
STUDENTS**
*Gabriela
Plattner*

**TRAPPED INSIDE
YOUR MIND**
Jen Hill

**POSITIVE WORDS.
POSITIVE ACTION.
POSITIVE OUTCOMES.**
Kara Magalhaes

**DEALING WITH
SELF-SABOTAGE IN
PRONUNCIATION.**
Tom Jowett

**MINDFULNESS
FOR TEACHERS**
Šimon Grimmich

10:00 - 10:20

**PSYCHOLOGICAL
SELF-DEFENCE**
Mgr. Lucie Konrádová

10:20 - 10:40

OPEN MIC DISCUSSION

11:00 - 11:20



Coffee Break - refreshments served in the corridor

11:20 - 11:40

BURNOUT
Mudr. Tereza Hodycová

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**MENTORING AND
COACHING IN
TEACHING**
Isaac Cordova

**DEALING WITH
SELF-SABOTAGE IN
PRONUNCIATION.**
Tom Jowett

**MINDFULNESS
FOR TEACHERS**
Šimon Grimmich

11:40 - 12:00

**PSYCHOLOGICAL
SELF-DEFENCE**
Mgr. Lucie Konrádová

12:00 - 12:20

OPEN MIC DISCUSSION

12:20 - 13:20
Lunch Break



BLOCK 2

TALKS

WORKSHOPS

13:20 - 13:40

MINDFULNESS IN YOUR LIFE

PhDr. Tereza Ševčíková

**TEACHER OR
THERAPIST?**

Mgr. Lucie
Konrádová

**MENTORING AND
COACHING IN TEACHING**

Isaac Cordova

**POSITIVE WORDS.
POSITIVE ACTION.
POSITIVE OUTCOMES.**

Kara Magalhaes

HOW AM I DOING?:

Fostering
self-reflection

Christine
Thompson

**TRAPPED INSIDE
YOUR MIND**

Jen Hill

**MINDSET SHIFT: From
Language Lecturer to
Language Guide**

Sara Tirrito

13:40 - 14:00

**SELF-CONFIDENCE VS.
SELF-IMPORTANCE**

Tomáš Zetek

14:00 - 14:20

OPEN MIC DISCUSSION

14:20 - 14:40



Coffee Break - refreshments served in the corridor

14:40 - 15:00

MINDFULNESS IN YOUR LIFE

PhDr. Tereza Ševčíková

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**DEALING WITH
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PRONUNCIATION.**

Tom Jowett

**AGILE GOAL-SETTING
WITH AMBITIOUS
STUDENTS**

Gabriela
Plattner

15:00 - 15:20

**SELF-CONFIDENCE VS.
SELF-IMPORTANCE**

Tomáš Zetek

15:20 - 15:40

OPEN MIC DISCUSSION

15:40 - 16:00

Final discussion and closing word

Event Manager Simon Steffal and Bibiana Machátová, Academic HR Director EDUA Group