



## ME TOO / ME NEITHER

### MEE TOO/ME NEITHER

**Don't say:** A: "I love massages." B: "I too."

**Say:** A: "I love massages." B: "Me too."

We say **Me too** when we agree with a positive sentence, whereas we use **Me neither** when we agree with a negative sentence.

### KEEPING FIT R: Rachel L: Lisa

R: Hi Lisa, how are you doing?

L: I'm fine, feeling relaxed. I have just been running in the park.

R: Oh, that sounds great! I'm planning to go to the gym in the city centre next week. Would you like to join me?

L: Yes, I would love to! Which **equipment** do you usually use when **doing exercises**?

R: I prefer using a **running machine** and a **rowing machine**.

L: Me too. At first I use an **exercise bike** and continue with other machines. Some people take a **yoga mat** and **do sit-ups** and **push-ups**. But I don't like it at all.

R: Me neither. My husband **is keen on lifting weights**. He wants to **tone** his **muscles**.

L: Oh really? That must be hard!

R: My boyfriend likes doing spinning twice a week. He would like to **lose weight**.

L: I see. When I have a bad back, I go to a Pilates class to improve my flexibility.

R: I do cardio exercise like aerobics or I go jogging in the mornings.

L: Nice. Keep fit and I'll see you next week.

R: I can't wait! See you.

### VOCABULARY

**do exercise** – cvičit

**running machine** – běžecký pás

**rowing machine** – veslovací trenažér

**exercise bike** – rotoped

**yoga mat** – podložka na jógu

**lifting weights** – zvedání závaží

**do sit-ups** – dělat sedy lehy

**push-ups** – dělat kliky

**to be keen on** – být nadšený z

**tone muscles** – zpevnit svaly

**lose weight** – zhubnout

**equipment** – zařízení

### QUIZ:

Complete these sentences with **Me too** or **Me neither**.

1. A: "I don't like lifting weights." B: "\_\_\_\_\_."
2. A: "She prefers spinning to aerobics." B: "\_\_\_\_\_."
3. A: "I don't want to go jogging tomorrow morning. How about you?" B: "\_\_\_\_\_."
4. A: "I need to lose weight after Christmas." B: "\_\_\_\_\_."

Key: 1) Me neither 2) Me too 3) Me neither 4) Me too